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DE CONFRONTACIONES TERAPEUTICAS
EN MEDICINA Y CIRUGÍA COSMETICA

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Combined Techniques of Cosmetology in Face Rejuvenation

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WHAT IS A BEAUTIFUL FACE?
WHAT WE CAN DO TO IMPROVE A FACIAL APPEARANCE?
WHAT WILL HELP?
A BEAUTIFUL FACE

Combines a facial features that are:
- balanced
- symmetrical in proportion
- catches and holds one’s visual and emotional attention
- calls for prolonged admiration, evaluation, an appreciation
EVALUATING A BEAUTIFUL FACE

The features which command attention:

- Eyes
- Brow
- Cheeks
- Lips
- Nose
- Chin and jaw line
- Neck
- Forehead
- Ears
FEATURES THAT INHANCE THE ATTRACTIVENESS

- skin
- hair
- teeth
“THE ARC OF AGING”
BROWS, EYES AND CHEECKS

• cover 15% of facial area, but command over 90% of one’s attention

• artistically most difficult to capture and create

• contribute to the monist of aging

• the most difficult area to modify
WHERE WE LOOK WHEN VIEWING A BEAUTIFUL FACE?

The SEVEN HIGHLIGHTS:

- bright, smooth, full egg like shape
- are pleasing to the eye
- the seven facial highlighted Faberge eggs:
  - bellow the brow
  - on the eye
  - at the angle of the jaw
  - small eggs in the center of upper and lower lips on the cheek
WHERE WE LOOK WHEN VIEWING A BEAUTIFUL FACE?

The SEVEN ELEVATED facial ANGLES:

- the brow
- the medial to lateral canthus
- the lateral canthus to cheek apex
- the labial commissure to the upper and lower lip
- the mandible
- the cervical angle
THE PROGRAM FOR FACIAL BEAUTY / FACIAL REJUVENATION

• ENDOSCOPIC FOREHEAD AND BROW – LIFT
  The problems who can be correct:
  - ptosis of the eyebrow
  - vertical an horizontal glabellar wrinkles
  - transversal wrinkles of the forehead?

2. UPPER AND LOWER BLEPHAROPLASTY
  - when necessary with canthopexy/canthoplasty

3. TRANSPALPEBREAL ANTERIOR CHEEK LIFT
  - to correct “malar bags”
  - to reduce deep palpebro-jugal grooves
  - repositioning/ augmentation of malar cheek fat pad
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• **THE EXTENDED SUPRA-PLATYSMAL PLANE FACELIFT**
  - use to sculpture and reposition all fat collections
  - can elevated highlights without not excessive tightening of tissues
  - repositioning/augmentation of malar area is important

• **LIPS, CHEEKS, CHIN, AND MANDIBULAR AUGMENTATION AND/OR SCULPTURING**
  - common part of program where indicated
  - small volume augmentation with:
    - autologous postauricular fascia, temporal fascia
    - fat pearls, micro fat injections
    - alloderm
    - prosthetic cheek or chin implants
6. SKIN BEUTIFICATION

- a good skin care program
- laser peels
- chemical peels (exodermilift, TCA peels)
- botox (or Dysport)
- colagen injections
- radiosurgery SuperPuls skin resurfacing

• FINISHING TOUCHES
- a good dietary
- cosmetic brow shaping/ tattooing
MANAGEMENT OF FACIAL WRINKLES BY SUBCUTANEOUS DISSECTION ("WIRE SCALPEL" SULAMANIDZE)
INDICATIONS:

- vertical folds of bridge nose
- naso-labial folds
- brow wrinkles
- small wrinkles upper lip
- labio-mental folds
SURGICAL TECHNIQUE
"WIRE SCALPEL"
(SULAMANIDZE)
CONCLUSIONS:
- conservative procedure
- no visible trace on skin surface
- no cutaneous scars
- long standing cosmetic effect
- ancillary technique additional to traditional rhytidectomy
- easy to perform
- no expensive instruments
- can be made in outpatient facilities
A NEW METHOD FOR JUVENATION OF THE AGING FACE
(ANTYPTOSIS - APTOS THREADS)
INDICATIONS:

FACIAL TISSUE UP-LIFTING:

- ptotic cheek fat pads
- ptotic platysmal muscle in broken jowline
- platismal bands in submental areas
ADVANTAGES:

- less traumatic
- more conservative procedure
- no cutaneous scars
- good and quick cosmetic effect
- easy to perform
- no expensive specific threads
- available in outpatient facilities
  ("office surgery")
ANTYPTOSIS
APTOS
THREADS
(SULAMANIDZE)
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Barcelona - 2001

SURGICAL TECHNIQUE
ANTYPTOSIS
APTOS THREADS
(SULAMANIDZE)
SURGICAL
TECHNIQUE
“APTOS
THREADS”
(SULAMANIDZE)
CONCLUSIONS

However, as with many aesthetic procedures, the results are conclusively judged by the patient.
Some Aesthetic Results
Some Aesthetic Results

BEFORE

AFTER
Some Aesthetic Results

BEFORE

AFTER

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Some Aesthetic Results

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Some Aesthetic Results

BEFORE

Dysport

AFTER
Some Aesthetic Results

BEFORE

Dysport
Endoscopic Brow Lift
Transconjunctival Blepharoplasty

AFTER
Some Aesthetic Results

BEFORE  Upper and Lower Blepharoplasty plus Exoderm Lift  AFTER

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Some Aesthetic Results

BEFORE

Exoderm Peel

AFTER

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Some Aesthetic Results

BEFORE

Exoderm Peel

AFTER

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Some Aesthetic Results

BEFORE

Exoderm Lift

AFTER
Some Aesthetic Results

BEFORE

Exoderm Lift

AFTER

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Some Aesthetic Results

Upper and Lower Blepharoplasty

BEFORE

AFTER
Some Aesthetic Results

BEFORE Upper and Lower Blepharoplasty plus “mustache cutting” AFTER

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Thank You For Your Attention!